

**Claims**

1. A method for substantially reducing glare from sunlight when operating a vehicle having at least one pair of visors adjacent to a main viewing window, the visors spaced sufficiently apart from each other and from the vehicle's rear view mirror thereby defining a sunlight transmission area, the method comprising the steps of:  
  
introducing a light blocking apparatus, the apparatus being of sufficient width, height and shape to substantially cover the sunlight transmission area while allowing operation of the vehicle; and  
  
allowing the apparatus to be removably securable to the rear view mirror in the sunlight transmission area by a coupling system.
2. The method according to Claim 1, the apparatus being formed of material sufficient to reduce the transmission of any sunlight from transmitting therethrough.
3. The method according to Claim 2, the material being formable to allow the apparatus to be folded by a vehicle operator for storage, and unfolded for use by the vehicle operator.
4. The method according to Claim 2, the material being made of bubble wrap coupled to at least one exterior reflective shield.
5. The method according to Claim 3, the coupling system comprising at least a rear view mirror coupling system and a visor coupling system.

6. The method according to Claim 5, the rear view mirror coupling system being adjustable and comprising at least a first hook coupler and a first pile coupler, the first hook coupler and the first pile coupler being adapted to be securely engaged to the rear view mirror and the material.
7. The method according to Claim 5, the visor coupling system comprising at least a second hook coupler and a second pile coupler, the second hook coupler and the second pile coupler being adapted to be securely engaged to the visor and the material.
8. The method according to Claim 7, the first hook coupler being placed on the rear view mirror in a different orientation than the first pile coupler's orientation on the material, the second hook coupler being placed on each visor in a different orientation than the second pile coupler's orientation on the material.
9. The method according to Claim 3, the method further comprising the step of introducing a surface pile coupler, the console pile coupler being attachable to an interior surface near the operator.
10. The method according to Claim 3 further comprising the step of introducing an accessory shield adapted to engage the light blocking apparatus and at least one visor through an accessory shield coupling system.
11. The method according to Claim 3 further comprising the step of placing a storage fastening system on the material, the storage fastening system comprising

at least one storage hook coupler attached to the material, and at least one storage pile coupler attached to the material, the storage hook coupler adapted to engage the storage pile coupler when the material is folded for storage.

12. The product made in accordance with the method of Claim 11.

13. An article of manufacture for substantially reducing glare from sunlight when operating a vehicle having at least one pair of visors adjacent to a main viewing window, the visors spaced sufficiently apart from each other and from the vehicle's rear view mirror thereby defining a sunlight transmission area, the apparatus comprising:

a light blocking apparatus, the apparatus being of sufficient width and height to substantially cover the sunlight transmission area while allowing operation of the vehicle, the apparatus including a notch adapted to receive an arm which connects the rear view mirror to the main viewing window; and

a coupling system on the apparatus, the coupling system adapted to removably secure the apparatus into and from the sunlight transmission area.

14. The article according to Claim 13, the article being formed of material sufficient to reduce or eliminate any sunlight from transmitting therethrough, and which is formable to allow the article to be folded by a vehicle operator for storage, and unfolded for use by the vehicle operator.

15. The article according to Claim 14, the coupling system comprising at least a rear view mirror coupling system and a visor coupling system.

16. The article according to Claim 15, the rear view mirror coupling system being adjustable and comprising at least a first hook coupler and a first pile coupler, the first hook coupler and the first pile coupler being adapted to be securely engaged to the rear view mirror and the material; and the visor coupling system comprising at least a second hook coupler and a second pile coupler, the second hook coupler and the second pile coupler being adapted to be securely engaged to the visor and the material.

17. The article according to Claim 16, the first hook coupler being placed on the rear view mirror in a different orientation than the first pile coupler's orientation on the material.

18. The article according to Claim 13 further comprising a storage pile coupler, the pile coupler being attachable to an interior surface of the vehicle near the operator.

19. The article according to Claim 18 further comprising the step of placing a storage coupling system on the material.

20. A device for shielding sunlight transmission that occurs in a sunlight transmission area in a vehicle, the vehicle having at least one pair of visors adjacent to a main viewing window, the visors spaced sufficiently apart from each

other and from the vehicle's rear view mirror thereby defining the sunlight transmission area, the device comprising a sunlight deflection apparatus of substantially the same material, the apparatus being of sufficient width, height and shape to substantially or completely cover the sunlight transmission area, the device adapted to be removably securable to the rear view mirror by a coupling system.